

What They're Saying ...

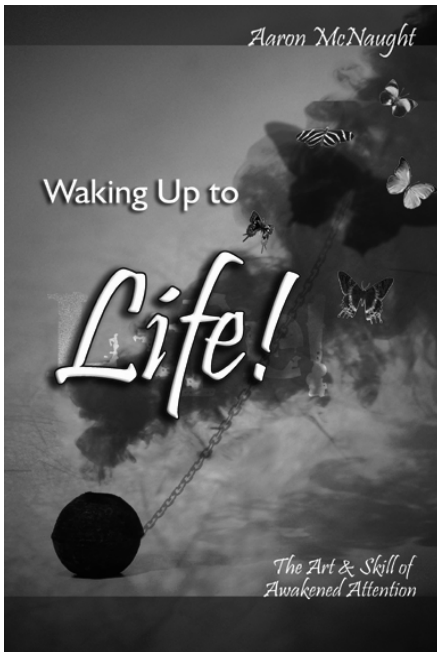
"Aaron's words and presentations represent the next level of awareness. He leads us easily and simply into wakefulness - and into Life itself. There is no turning back, and no desire to do so".

~ Susan Ware B.ED.
Public Educator, Alberta

"If you are looking for something new and powerful, this is it. Aaron's message helps me to look at reality in a different way. This unique marriage of Eastern philosophy & Western teachings delivers a profound message".

~ Cathy Fenwick Public Speaker,
Author of Healing With Humour

A Brand New Book



www.wakinguptolife.com

I thank you from the bottom of my heart Aaron, for making my Life once again shine. Waking Up to Life made me truly believe that for the first time in months I could and would "wake up again".

~ Frankie O'Hagan, Alberta

**Pssst...
You Awake?**

Aaron McNaught
Education/Consultations Presents

Waking Up to Life!

**The Art and Skill of
Awakened Attention**

**Keynotes
Workshops
Seminars
Consultations
Staff Development
Retreats**



**Transformational Speaker
Aaron McNaught**

**Public Speaker ~ Author
Educator ~ Consultant**

Blending transformative experiential practices, Life enriching perspectives, and stories of his own journey from a place of darkness and despair, Aaron's presentations are an amazing combination of inspiration, information, instruction and entertainment.

Filled with immensely practical techniques that are immediately workable and approaches that will uncover your own deep wisdom, a meeting with Aaron will leave you with a vastly different view of yourself, those around you and the world you live in.

Based on his brand new book:
Waking Up to Life! The Art and Skill of Awakened Attention, Aaron's speaking services provide an incredible menu of themes and topics that can be tailored to any event. Isn't it time to see what all the fuss is about? Isn't it time?

***And the day came
when the risk
to remain
tight in the bud
was more painful
than
the risk it took
to blossom.
~ Anais Nin***

CONTACT:

**Aaron McNaught Education/Consultations
Suite #2, 4917 48th St. Red Deer Alberta T4N 1S8
Call 403-302-2523 or toll free at 1-866-593-3040
aaron@wakinguptolife.com www.wakinguptolife.com**