

**A *FREE* Offer for Caring Professionals, Parents, Leaders, Lovers and  
Anyone Else Who Cares About HOW They Care**

**As a Colleague and Fellow Caring Professional,  
I would like to offer you a Free 45-minute One-on-One  
*Jump Start Your Heart - Purpose and Passion Strategy Session***

**I would like to offer my expert advice on your situation**, and I know that you'll be so energized by this coaching session that you'll enter the rest of your year with renewed optimism about your work-life and home-life, and your life as a **Caring Professional**.

**In our brief session, you will:**

- **Clarify your vision** for 2010 and beyond
- **Identify your key** strategic milestones objectives
- **Uncover the hidden challenges** that may be sabotaging your success
- **Finish the session feeling** inspired, energized and renewed, with concrete tools to dramatically enhance your entire life

**I'll also allow you the opportunity** to ask any question you have on the topic of work-life and home-life balance. At the very end there will be an opportunity to hear about which of my services might be appropriate for taking our time together, far deeper.

**I'm excited to work with you** - after all, helping **Caring Professionals** spread their light in the world is my passion!

**So fill out the attached form and turn it in to me at the end of my talk today.**

I'm located in Red Deer Alberta, but I do all of my consultations by phone, as it is the most productive use of our time.

I look forward to exploring with you soon, as this offer has a time limit due to the number of clients I work with. **Secure your session today.**

Warmest Regards,

Aaron The Wake Up Guy  
Heart Care Coach, Author  
and Transformational Speaker

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# ***Jump Start Your Heart - Purpose and Passion Strategy Session***

**Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

\_\_\_\_\_ **Yes Aaron,** please have an assistant call me to schedule my **Free 45-minute One-on-One *Jump Start Your Heart - Planning and Goal Setting Session***

**Please tell me a little about yourself...**

**This is completely confidential**

**Check all that apply:**

- I am currently employed as a Caring Professional
- I have issues I struggle with in the workplace (job satisfaction/peers/authority)
- I am a parent     I have issues I struggle with as a parent
- I am in a committed relationship     I have issues I struggle with in my relationship
- I am not as loving or compassionate as I would like to be
- I don't have a clear sense of where I am going in my life
- I don't have a clear sense of purpose in my life
- My life often lacks meaning and passion
- I lack clear short term goals
- If I were to die soon, I would die unfulfilled
- I have never considered the idea of 'My Ultimate Lifestyle'
- Other \_\_\_\_\_